

Biomarkers in Personalized Health(care): time for quality, not quantity

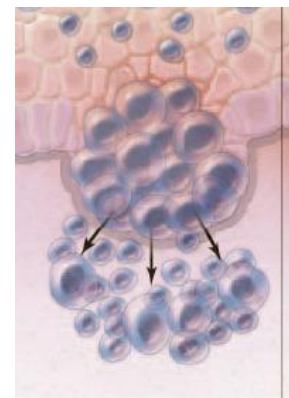
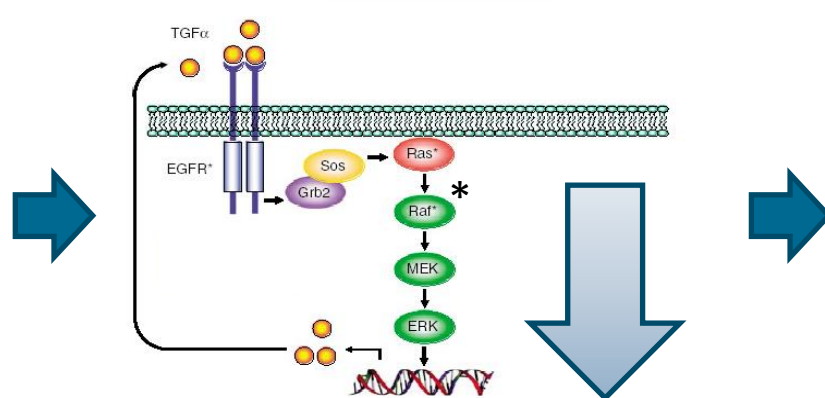
BBMRI BIOS symposium

Opening up the BBMRI genomics infrastructure in the Netherlands

21 September 2016, Amsterdam

— Prof Alain van Gool —

A short story: Personalized medicine in melanoma



B-RAF^{V600E} mutation

Strong growth of cell

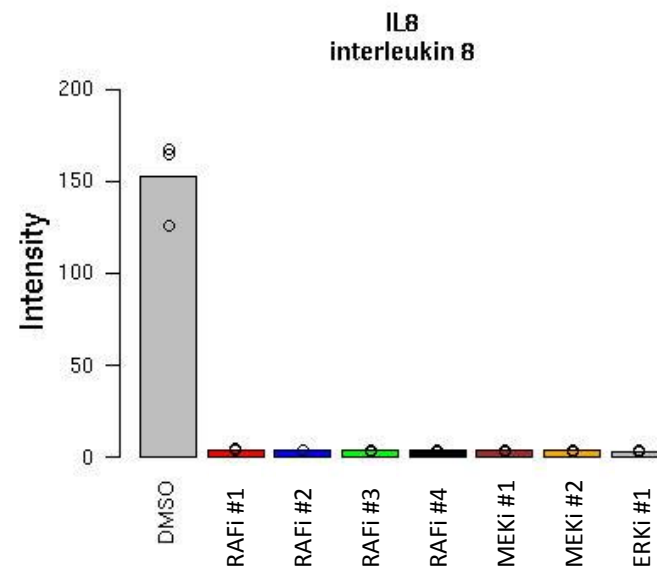
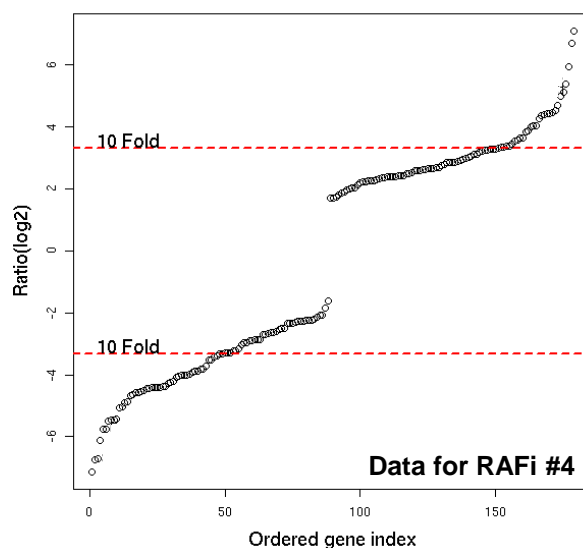
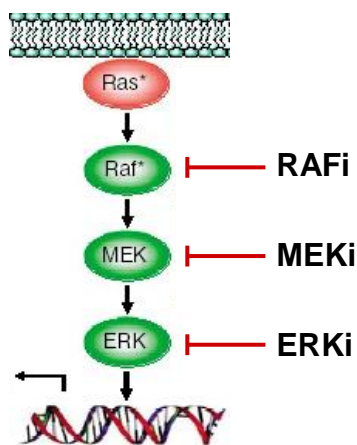
Growth of tumor

- B-RAF^{V600E} cells always grow and become cancer cells
- RAF inhibitors will block pathway, block cell growth and inhibit cancers that have a B-RAF^{V600E} mutation
- 60% of melanoma patients have B-RAF^{V600E} mutation
- Basis for a personalized medicine !



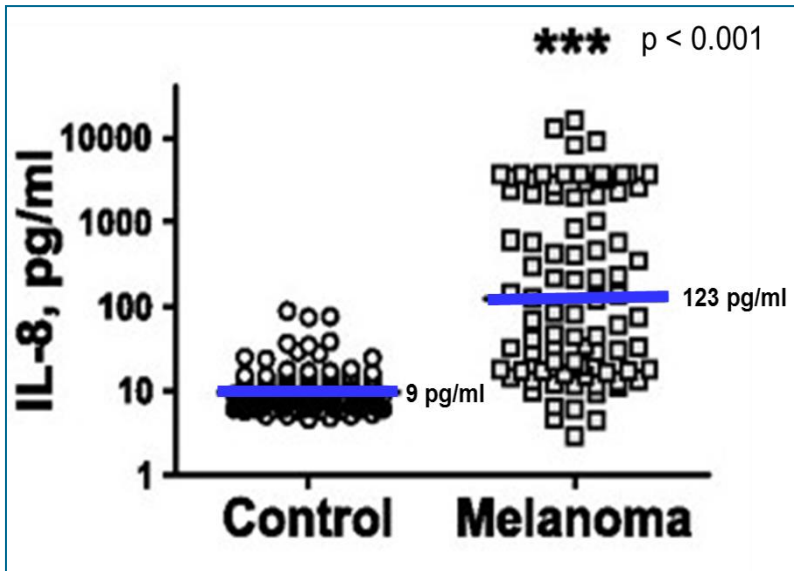
Biomarkers to support clinical development

- Within Schering-Plough 4 Lead Optimisation programs in ERK pathway (2009)
- Need for blood-based biomarker that indicated downstream effects of drugs:
 - Inhibition ERK pathway (pharmacodynamic)
 - Tumor inhibition (efficacy)
- Extensive transcriptomics profiling: **IL-8** as promising candidate biomarker



Validation study to confirm IL-8 in melanoma

Literature



Objectives:

- Confirm elevated IL-8 in melanoma
- Develop IL-8 assays for clinical use

Cancer Therapy: Clinical

Multiplex Analysis of Serum Cytokines in Melanoma Patients Treated with Interferon- α 2b

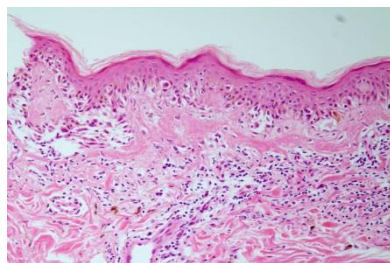
Zoya R. Yurkovetsky,^{1,2} John M. Kirkwood,^{1,2} Howard D. Edington,^{1,3} Adele M. Marrangoni,¹ Lyudmila Velikokhatnaya,¹ Matthew T. Winans,¹ Elieser Gorelik,^{1,4,5} and Anna E. Lokshin^{1,2}

{Yurkovetsky, et al. *Clin Cancer Res*, 2007}

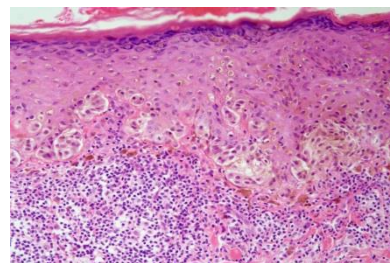
Validation study to confirm IL-8 in melanoma

59 melanoma samples (tumor tissue (ffpe) + matching serum & plasma, stage I-IV, from two independent biobanks) + 40 healthy serum & plasma samples

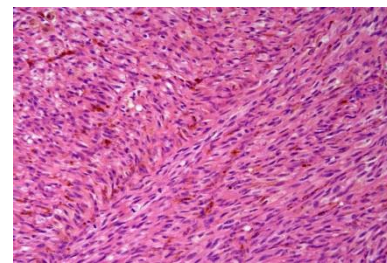
1. **Genetic analysis** for BRAF^{V600E/D} mutation in genomic DNA from tissue samples **partial**
2. **IL-8 mRNA analysis** in tissue samples by in situ hybridisation using bDNA probes (multiplexing with 12 ERK pathway response transcripts) **OK**
3. **IL-8 protein analysis** in tissue samples by immunohistochemistry (in parallel with 4 other ERK pathway response proteins, Ki67, Tunnel) **OK**
4. **IL-8 protein analysis** in matching plasma and serum by IL-8 immunoassay (3 formats: ELISA, Luminex, Mesoscale; singleplex and multiplex) **?**



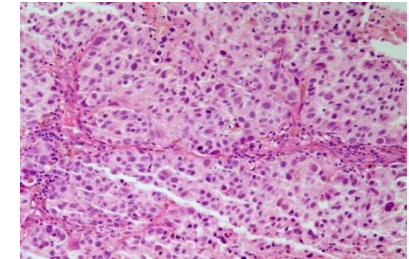
Stage 1



Stage 2



Stage 3

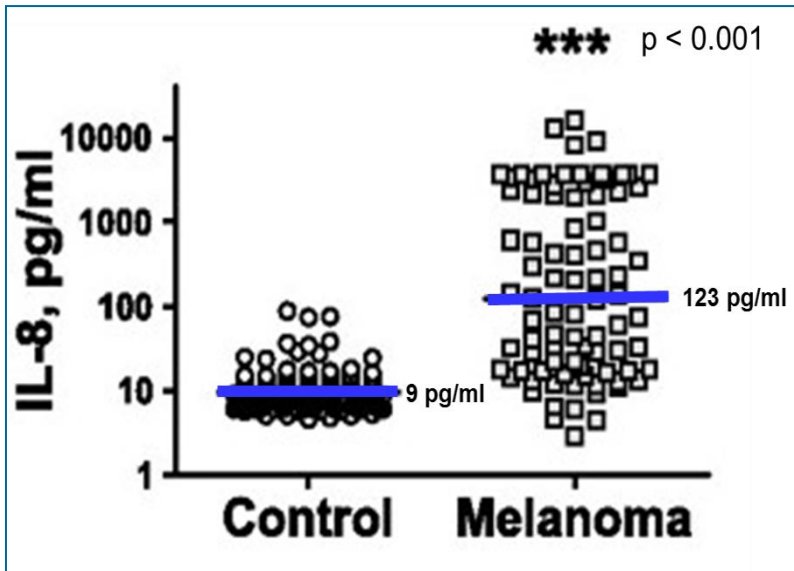


Stage 4

H&E staining; 20x

Validation study to confirm IL-8 in melanoma

Literature



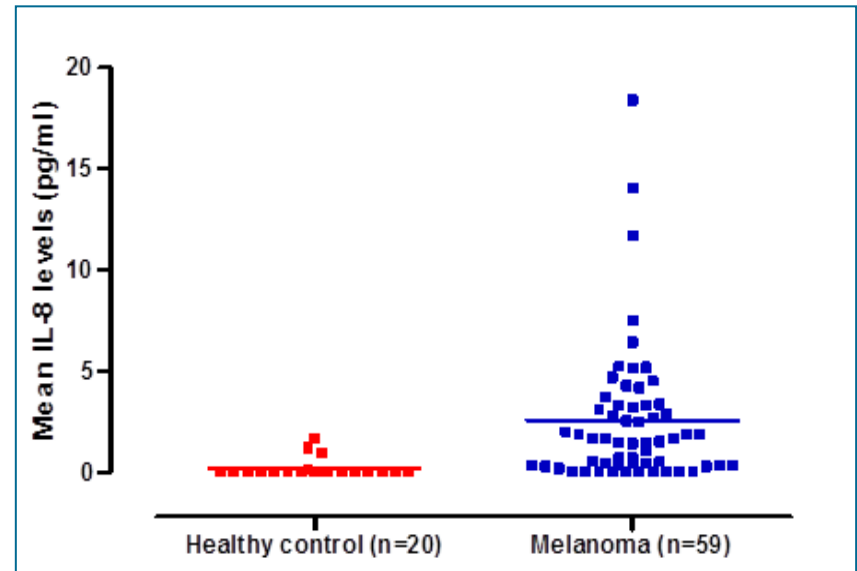
Cancer Therapy: Clinical

Multiplex Analysis of Serum Cytokines in Melanoma Patients Treated with Interferon- α 2b

Zoya R. Yurkovetsky,^{1,2} John M. Kirkwood,^{1,2} Howard D. Edington,^{1,3} Adele M. Marrangoni,¹ Lyudmila Velikokhatnaya,¹ Matthew T. Winans,¹ Elieser Gorelik,^{1,4,5} and Anna E. Lokshin^{1,2}

{Yurkovetsky, et al. *Clin Cancer Res*, 2007}

Own data



{*Unpublished*, 2010}

(6 months, 4 fte, USD 1.000.000)

Cause?

Lessons learned?



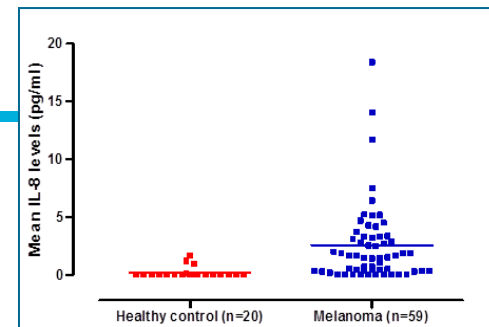
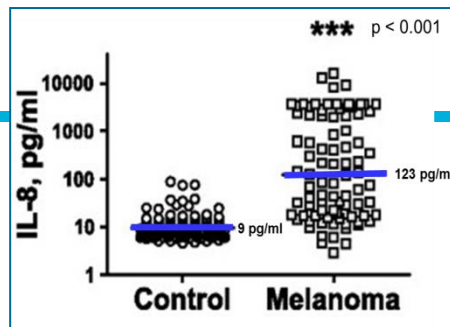
Source: Youtube - Burn after reading ending}

Lessons learned?

Particularly for this case:

1. Know sample history
 - IL-8 protein appeared sensitive to freeze-thawing
2. Know all relevant information from the source (patient)
 - Tumor load may be too low for our patients
3. Do these type of expensive validation studies together !
 - For most pharma, biomarkers are precompetitive tools

We need a biomarker community that shares knowledge, ambitions, capabilities, successes, failures and best practice.



Alain's path 1989-now



Universiteit
Leiden



Imperial Cancer
Research Fund



Schering-Plough

Radboud Universiteit Nijmegen



MERCK

Be well

Radboudumc

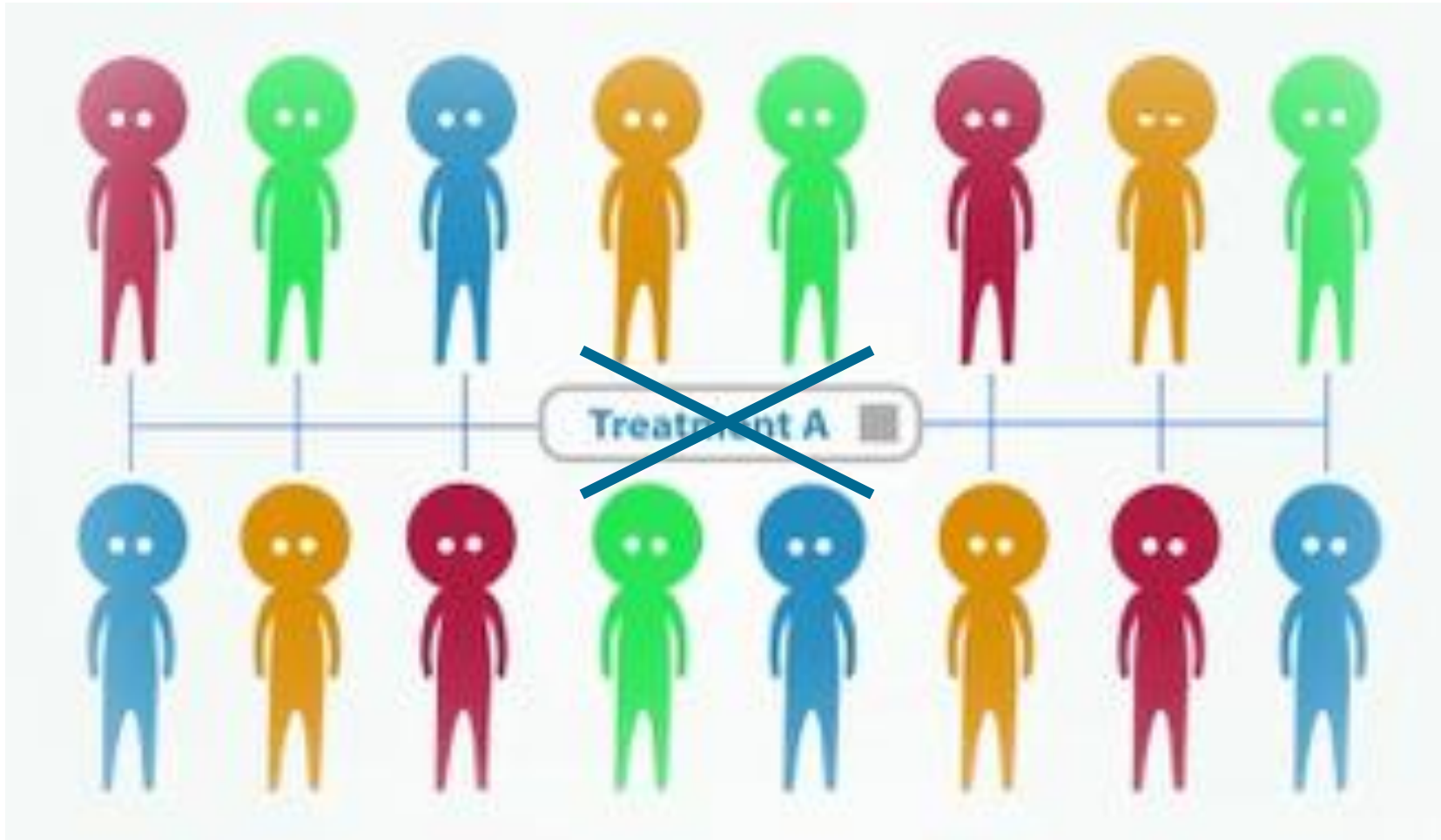


eatris

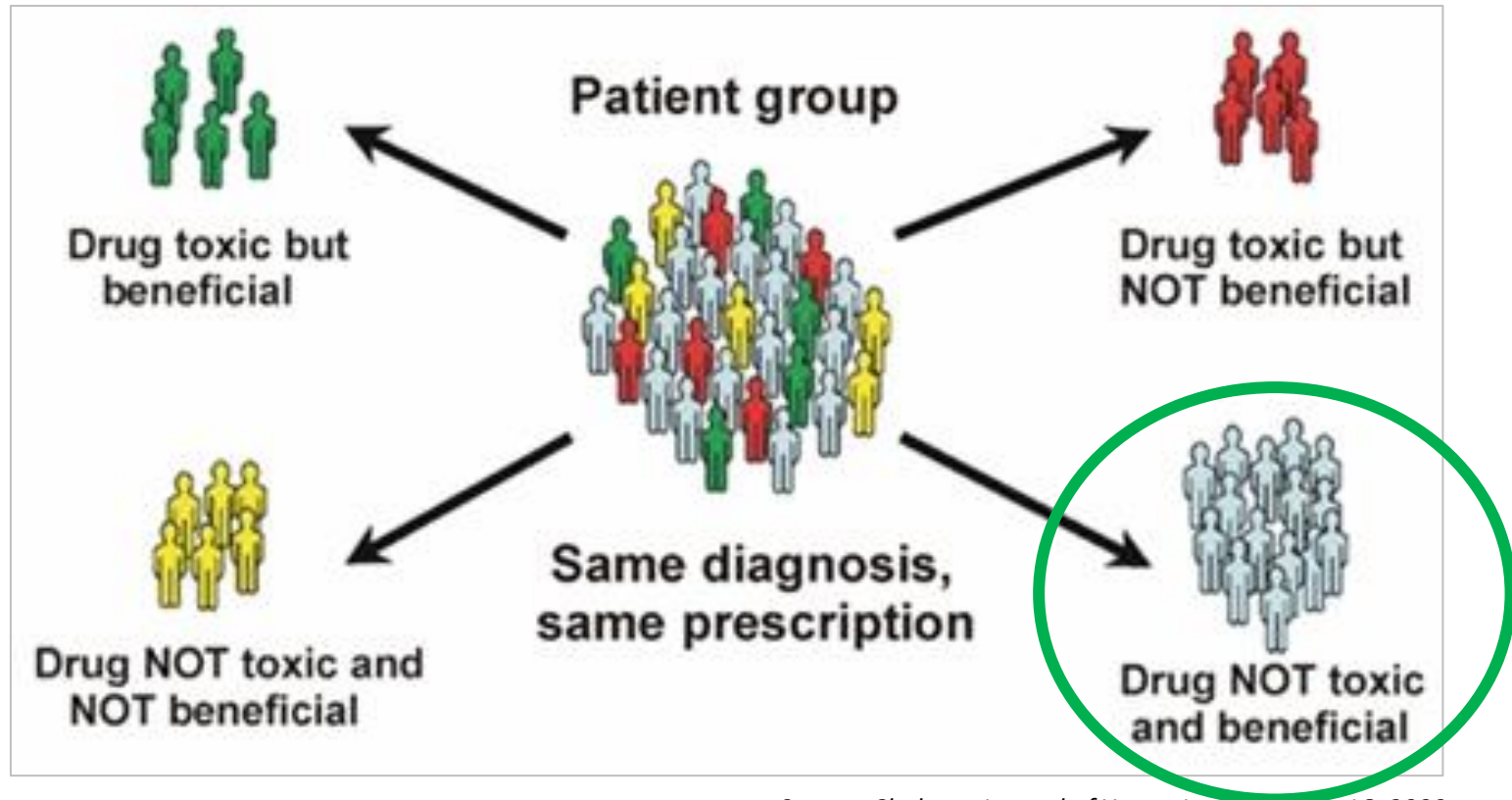
European infrastructure
for translational medicine



Consider individual differences in life science research



Principle of Personalized Medicine



Source: Chakma, *Journal of Young Investigators*, 16, 2009

- The **right drug** for **right patient** at **right dose** at **right time**
- Molecular biomarkers as key drivers of patient selection
- = Precision medicine or Targeted medicine



Personalized medicine in melanoma

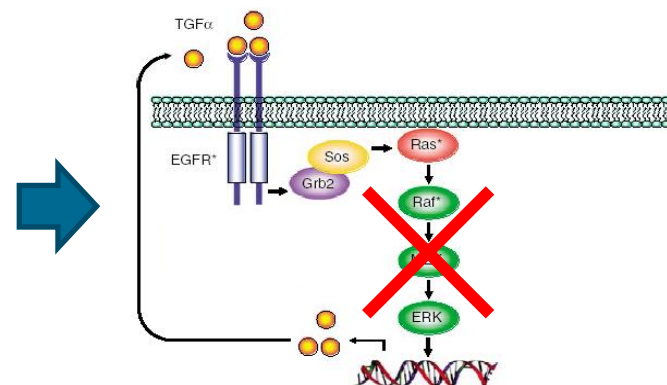
ZELBORAF
(vemurafenib) tablets



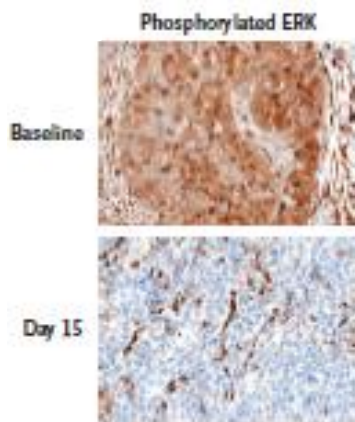
B-RAF inhibitor



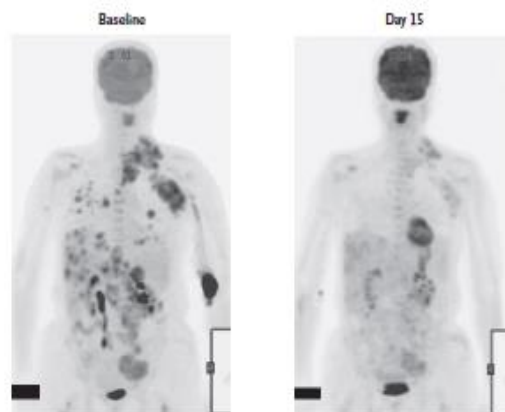
Treat patients with
B-RAF^{V600E} mutation



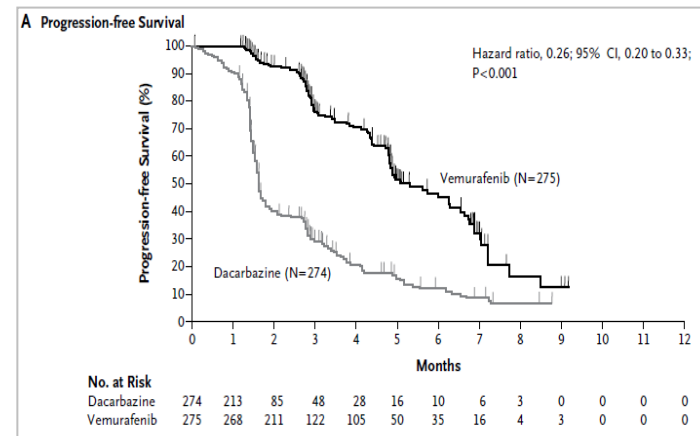
Inhibit growth of cell



Cells stop growing



Tumors disappear



Patients live longer

Emerging Personalized / Precision / Targeted Medicine

2010:

5% of drugs in pipeline had companion diagnostic biomarker test

2015:

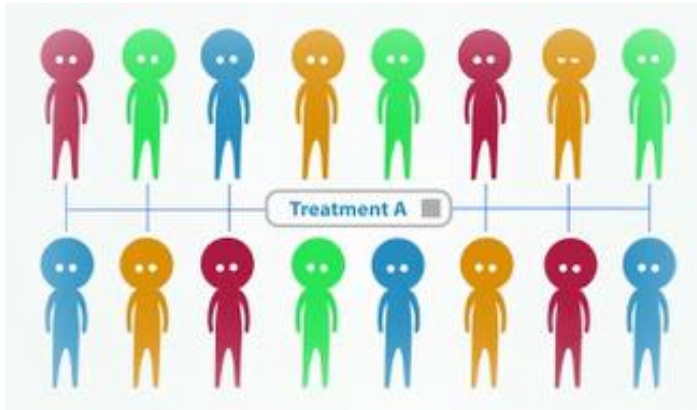
AstraZeneca  80%

 50%

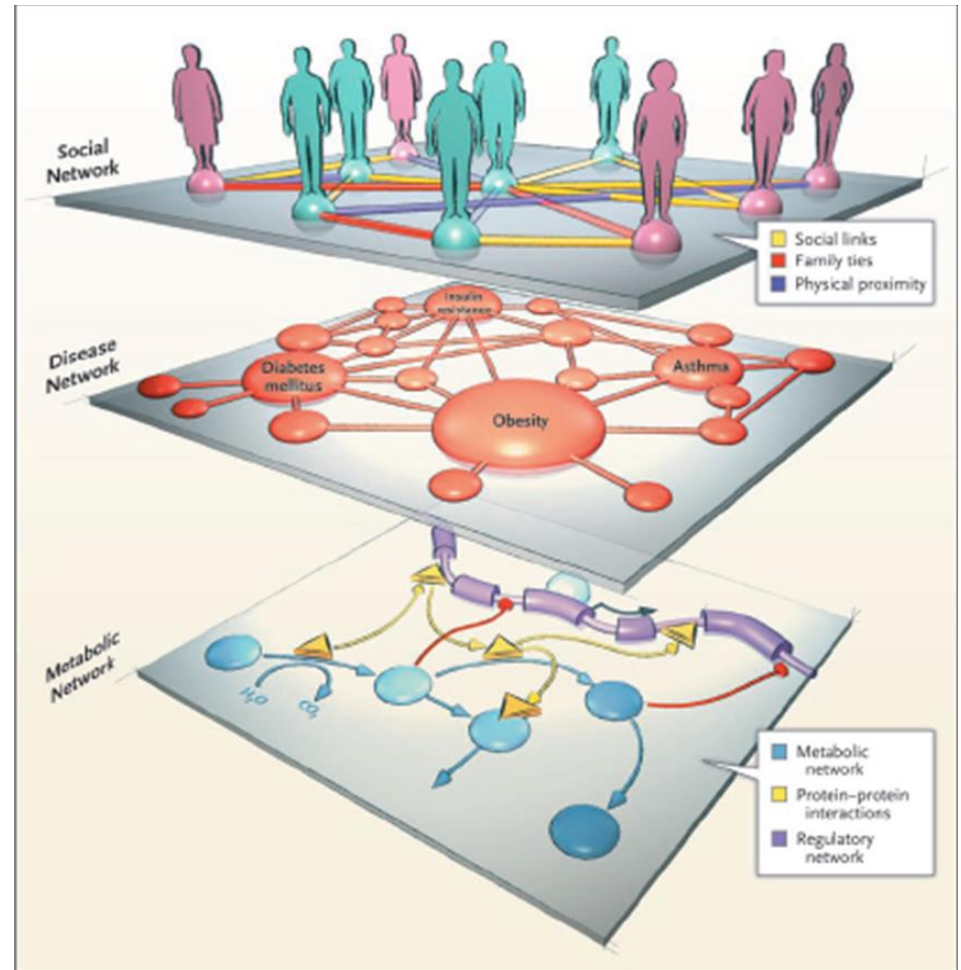
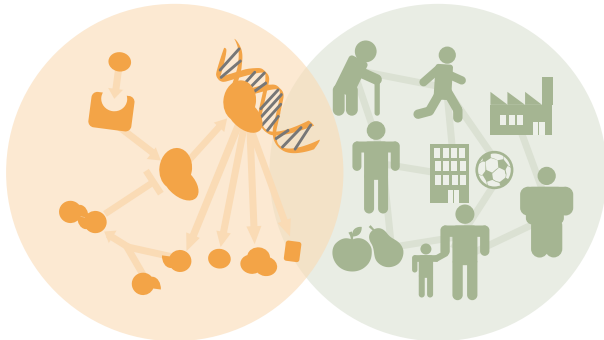
Optimal Personalized / Precision / Targeted Medicine



Moving to personalized health(care)

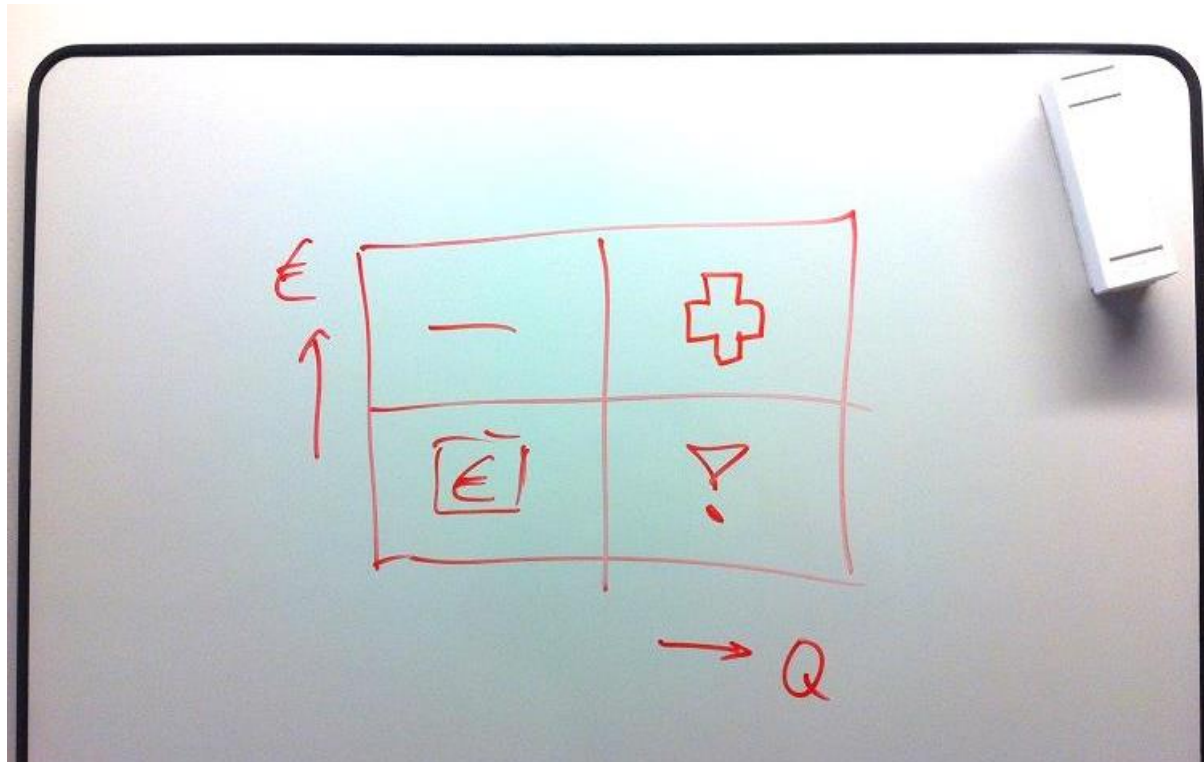


- People are more than linear pathways
- Different systems and networks
- Different risk factors
- Different preferences



{Source: Barabási 2007 NEJM 357; 4}

Societal need in efficient personalized health(care)



{Source: prof Jan Kremer}

Towards cost effective care, less cure

Highest need in efficient personalized health(care)

It's personal !

'I want to stay healthy.'

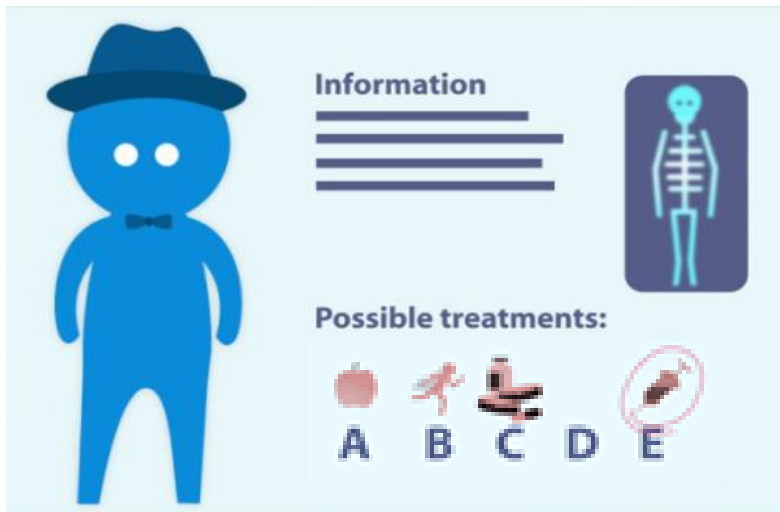
'If not, how do I get healthy?'

Translating Personalized Health(care) in society



We need a personalized data-driven GPS for health

- Monitor (biomarkers) on background
- Alert when you are at risk
- Advice what to do



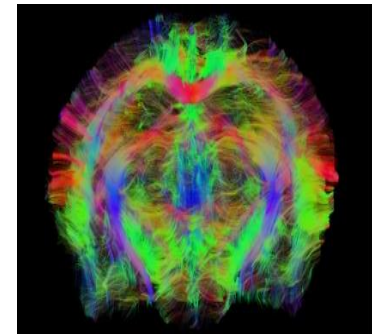
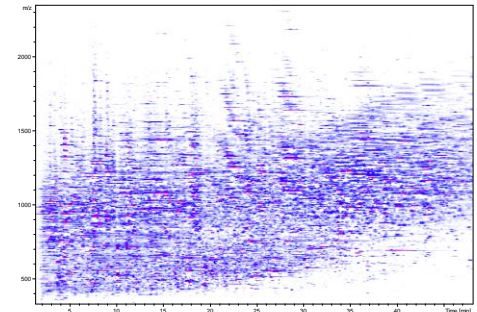
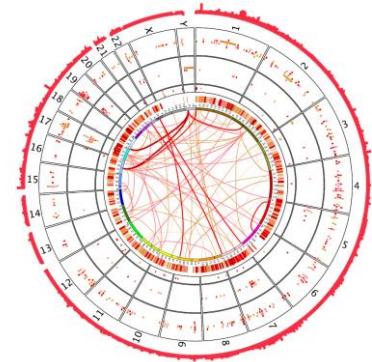
3 key aspects of personalized health(care)

'I want to stay healthy. If not, how do I get healthy?'

1. What to measure?
2. How much can it change?
3. What should be the follow-up for me?

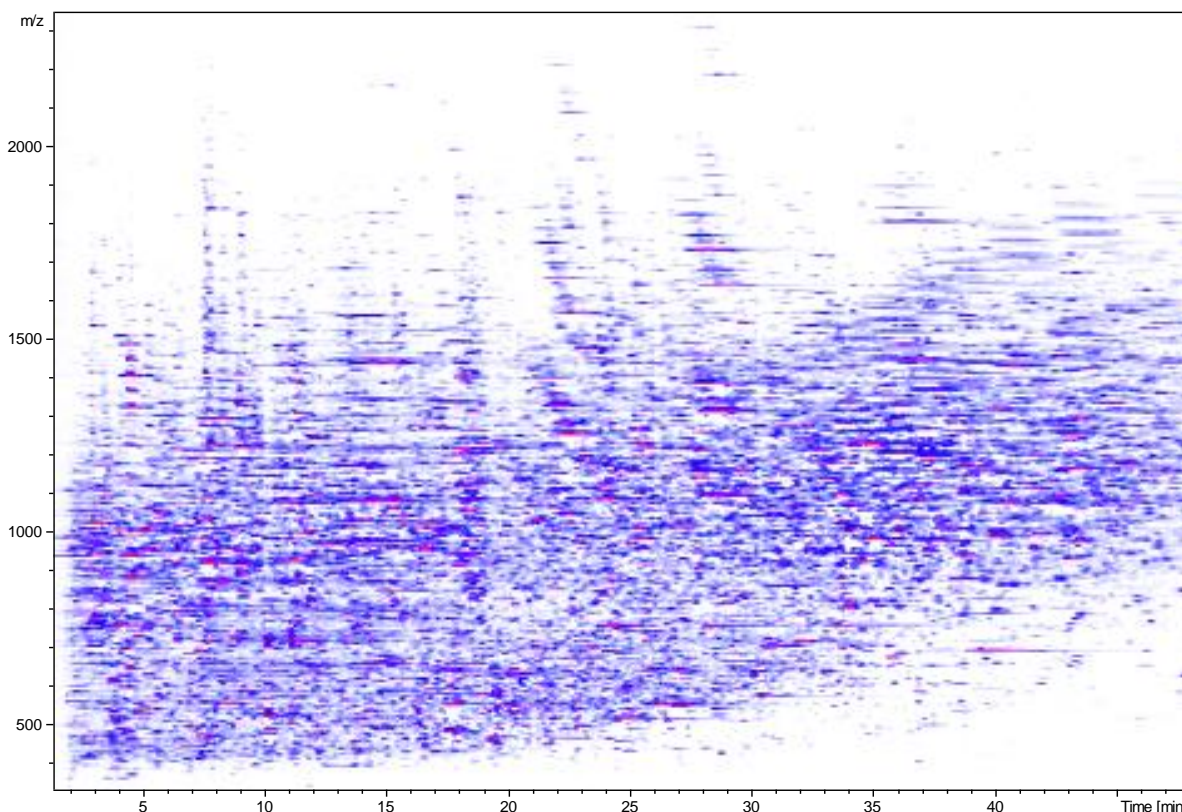
Exponential technological developments

- Next generation sequencing
 - DNA, RNA
 - Risk analysis and therapy selection
- Mass spectrometry
 - Proteins, metabolites
 - Monitoring of disease and treatment effects
- Imaging
 - Non invasive images, real time
 - Spatial view of intact organs and organisms



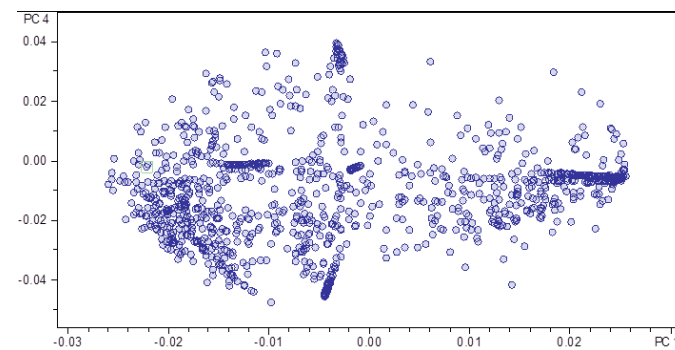
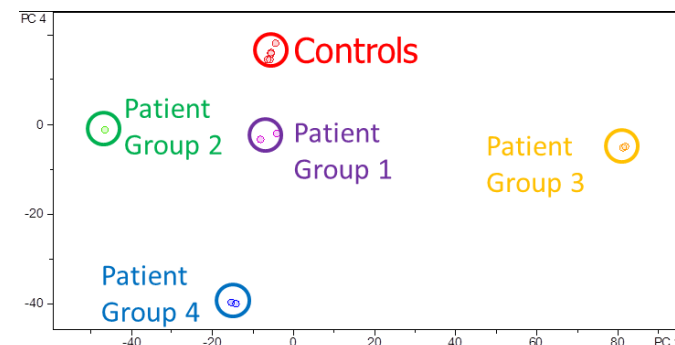
Output from a proteomics biomarker lab

- Mass spectrometry analysis of glycoproteins in human plasma
- 0,05 microliter analysis: detection of 1.000.000 signals in one scan
- ~40.000 peptides of which >80% contain sugar modification
- Diagnose patients and identify new biomarkers



{Translational Metabolic Laboratory, Radboudumc, unpublished data}

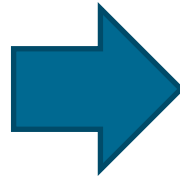
Proof of principle study:



Challenge: translate laboratory to society



- 1.000.000 molecules per analysis



- Heart beat
- Steps / movement
- Glasses water/coffee

'Self' data

(generated by patients, citizens)



Technology Centers
Radboudumc

What does my DNA tell me?

HEALTH OVERVIEW

- HEALTH RISKS
- DRUG RESPONSE
- INHERITED CONDITIONS
- TRAITS
- HEALTH TOOLS

ANCESTRY OVERVIEW

- ANCESTRY COMPOSITION
- MATERNAL LINE
- PATERNAL LINE
- NEANDERTHAL ANCESTRY
- ANCESTRY TOOLS

FIND OUT WHAT YOUR DNA SAYS ABOUT YOU.




only \$99

23andMe

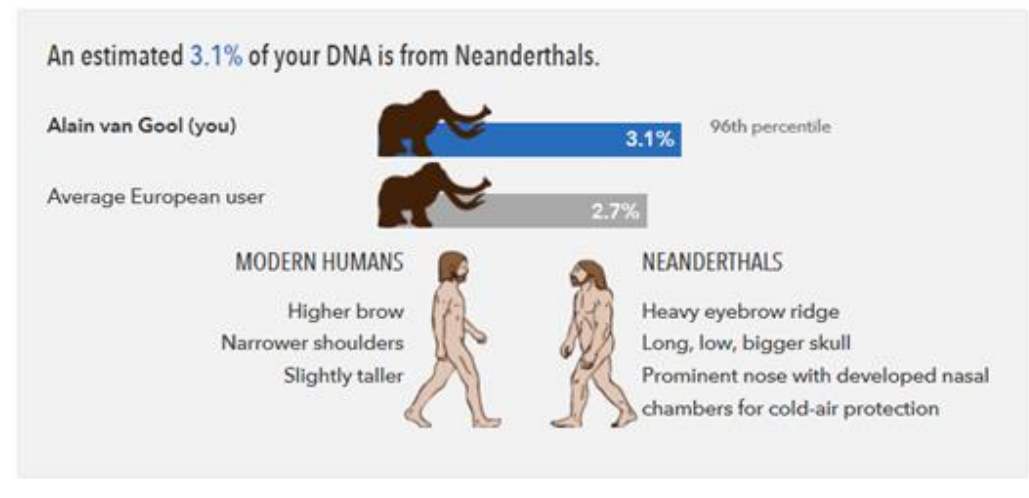
Your Results

Who	Genetic Result
	Has 5 or more variants associated with blond hair in people with European ancestry. Approximately 53% of 23andMe customers with this result report having blond hair.
Alain van Gool	Has 3-4 variants associated with blond hair in people with European ancestry. Approximately 28% of 23andMe customers with this result report having blond hair.
	Has 1-2 variants associated with blond hair in people with European ancestry.



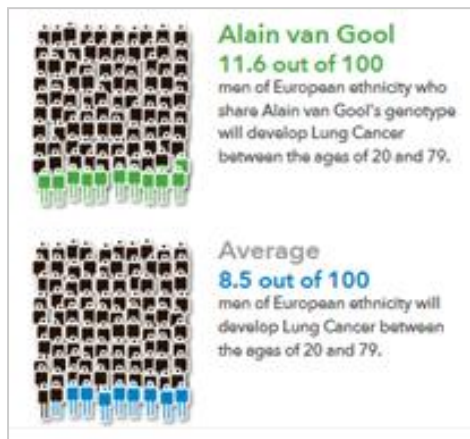
23% chance blond hair

Got Neanderthal DNA?



3.1% Neanderthaler DNA

What does my DNA tell me?



Your Results	
Who	Genetic Result
	Likely to be more sensitive to warfarin based on genetics. Genetic information may only be useful when determining an initial dose of warfarin. Many other factors also influence warfarin sensitivity. If you are taking warfarin, keep taking it as directed by your doctor.
	May be more sensitive to warfarin based on genetics. Genetic information may only be useful when determining an initial dose of warfarin. Many other factors also influence warfarin sensitivity. If you are taking warfarin, keep taking it as directed by your doctor.
Alain van Gool	Likely to have typical sensitivity to warfarin based on genetics. Genetic information may only be useful when determining an initial dose of warfarin. Many other factors also influence warfarin sensitivity. If you are taking warfarin, keep taking it as directed by your doctor.



Genetic risk lung cancer
→ don't smoke !

No expected adverse reaction
to Warfarin





Big Data

... but not all data is useful data !

Need for optimal quality in health biomarker analyses

theranos



Test, interpret, advice

“Post-traumatic Test Syndrome” ?

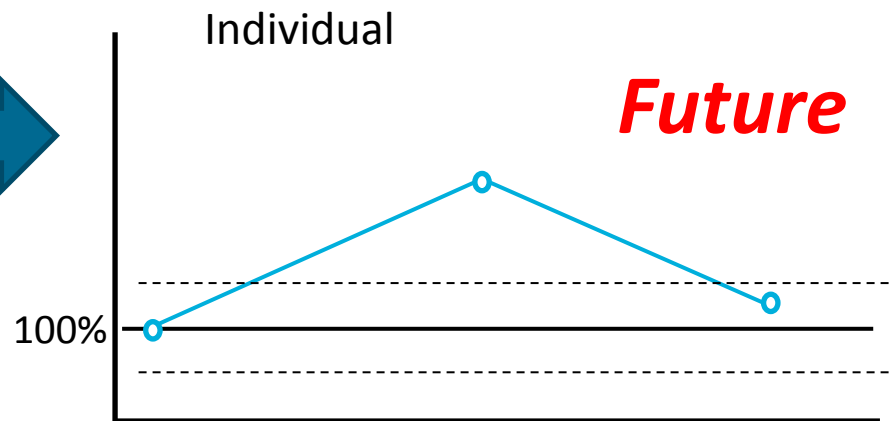
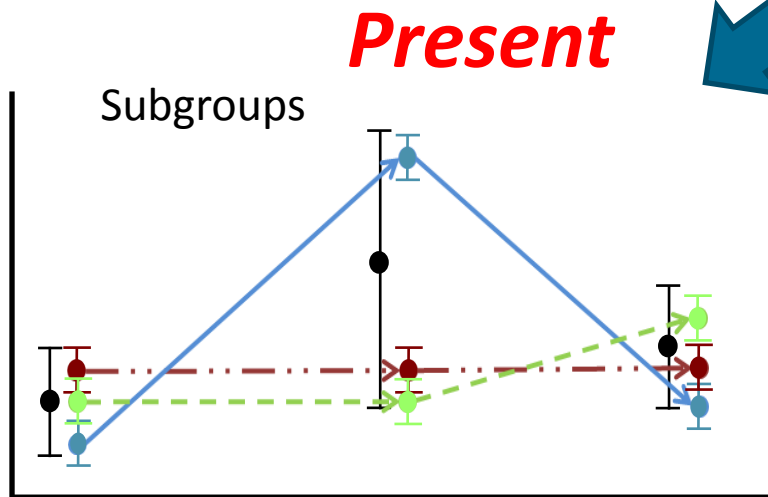
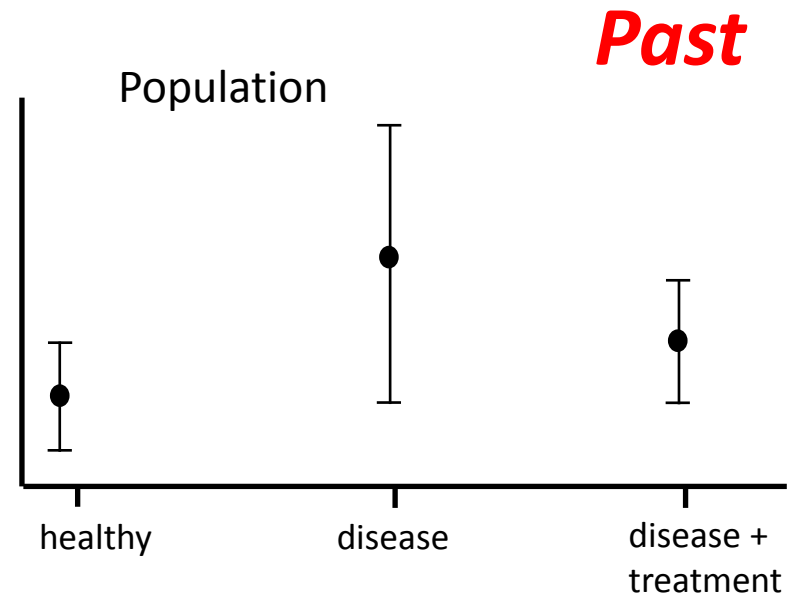
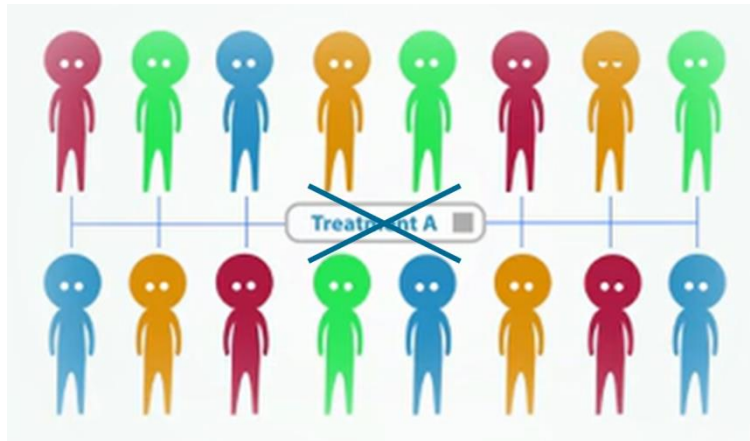


3 key aspects of personalized health(care)

'I want to stay healthy. If not, how do I get healthy?'

1. What to measure?
2. How much can it change?
3. What should be the follow-up for me?

2. How much can it change?



3 key aspects of personalized health(care)

'I want to stay healthy. If not, how do I get healthy?'

1. What to measure?
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3. What should be the follow-up for me?

Personal profile data



Knowledge



Understanding

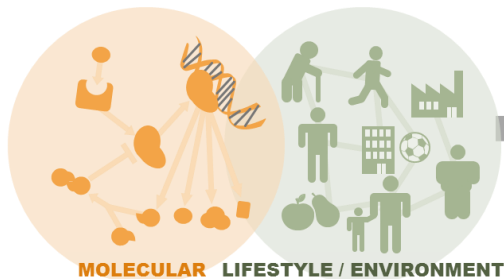


(Shared) Decision



Action

RISK FACTOR PATTERN



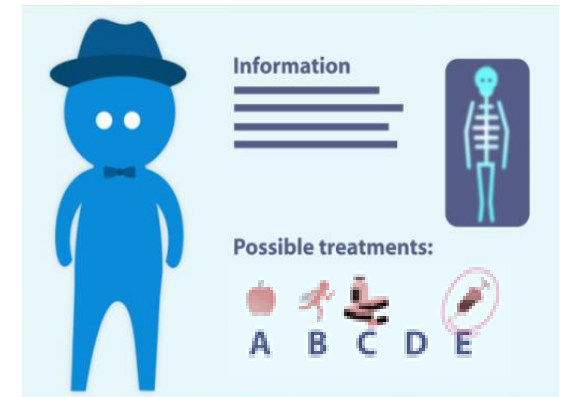
PHARMA



LIFESTYLE

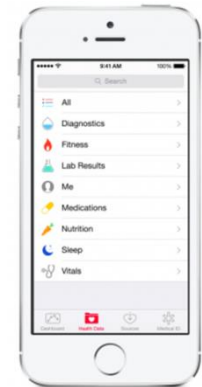
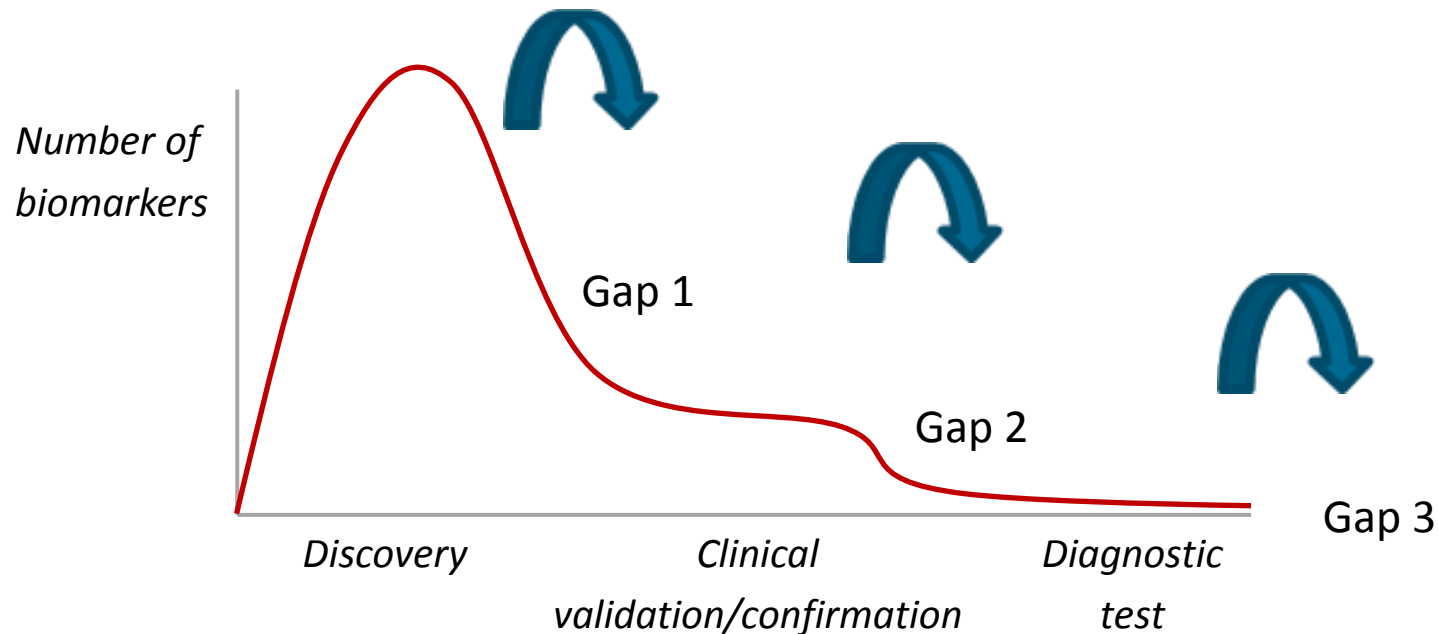


NUTRITION





Biomarker innovation gaps !



- Too much biomarker discovery
- Too little development to application

Biomarker innovation gaps: some numbers



Eg Biomarkers in time: Prostate cancer

May 2011: **2,231** biomarkers

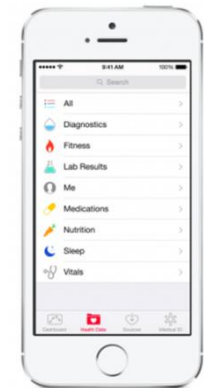
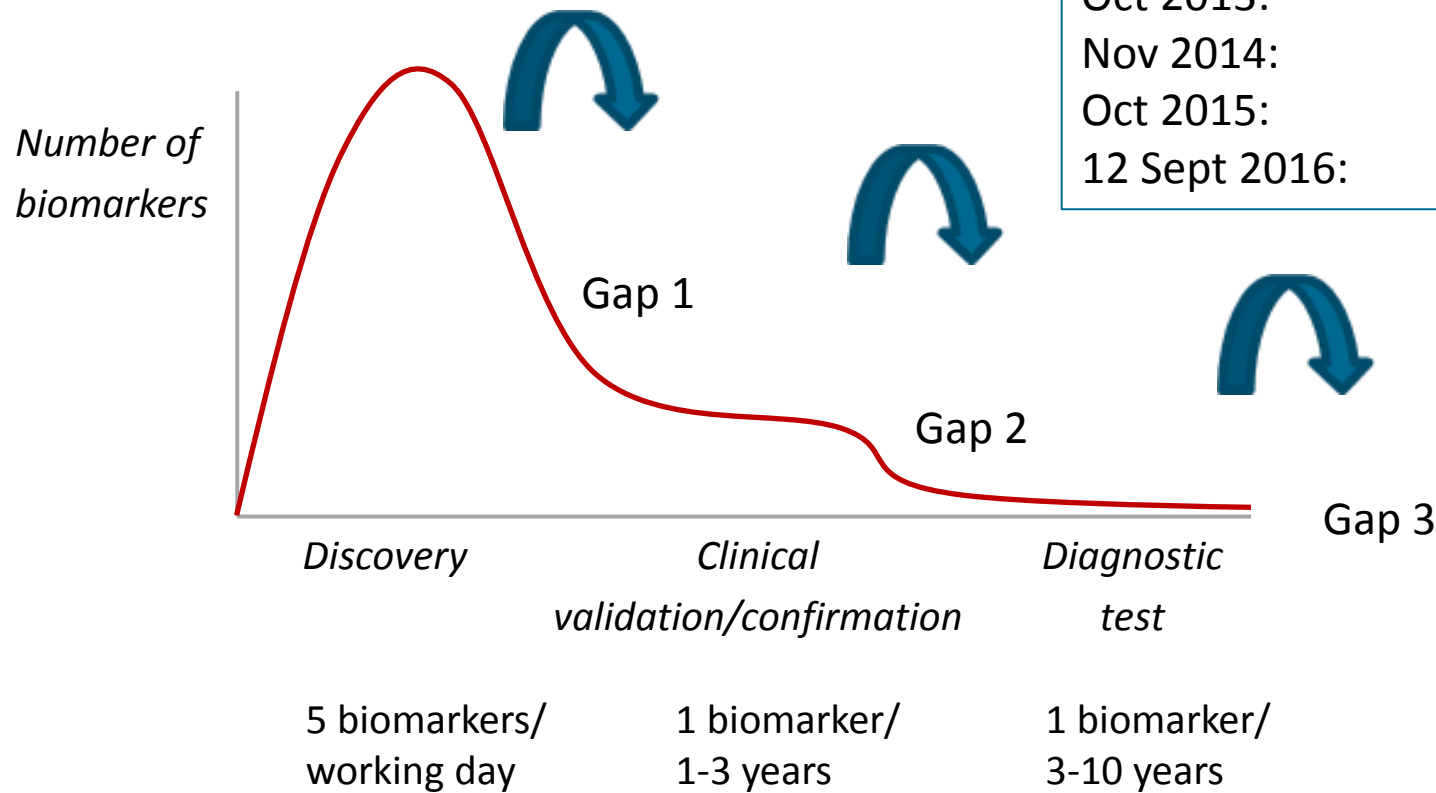
Nov 2012: **6,562** biomarkers

Oct 2013: **8,358** biomarkers

Nov 2014: **10,350** biomarkers

Oct 2015: **11,856** biomarkers

12 Sept 2016: **13,888** biomarkers



Reasons for biomarker innovation gap

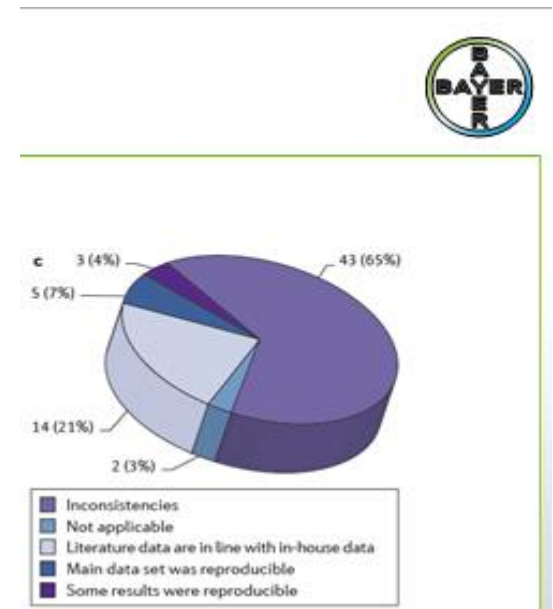
- Not one integrated pipeline of biomarker R&D
- Publication pressure towards high impact papers
- Lack of interest and funding for confirmatory biomarker studies
- Hard to organize multi-lab studies
- Biology is complex on organism level
- Data cannot be reproduced
- Publishing bias towards extreme results
- Biomarker variability
- ...

Comparison of Effect Sizes Associated With Biomarkers Reported in Highly Cited Individual Articles and in Subsequent Meta-analyses

John P. A. Ioannidis, MD, DSc
Orestis A. Panagiotou, MD

Context Many biomarkers are proposed in highly cited studies as c
disease risk, prognosis, or response to treatment, but few eventually tr
narrative

{Source: John Ioannidis, JAMA 2011}



{Source: Prinz, Schlange, Asadullah, Nat Rev Drug Disc 2011}

Irreproducibility of data

PERSPECTIVE

The Economics of Reproducibility in Preclinical Research

Leonard P. Freedman^{1*}, Iain M. Cockburn², Timothy S. Simcoe^{2,3}

¹ Global Biological Standards Institute, Washington, D.C., United States of America, ² Boston University School of Management, Boston, Massachusetts, United States of America, ³ Council of Economic Advisers, Washington, D.C., United States of America

{Freedman et al, PLOS Biology, 2015}

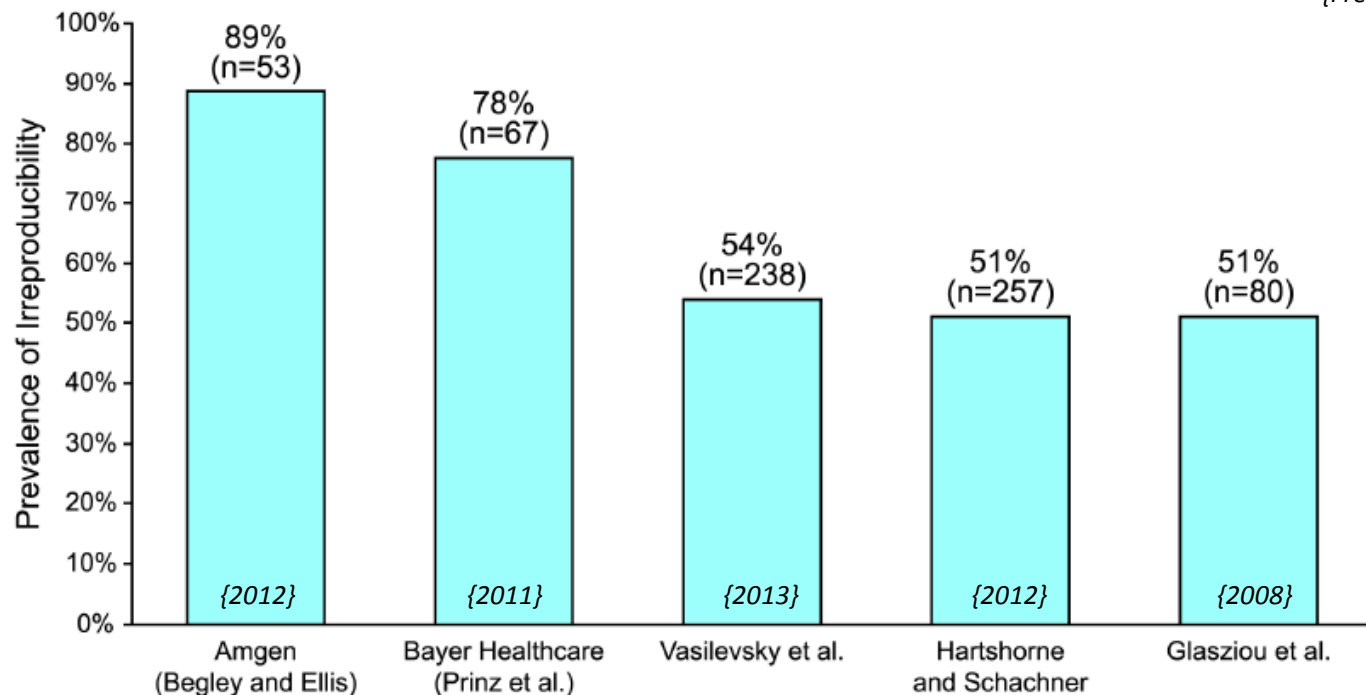
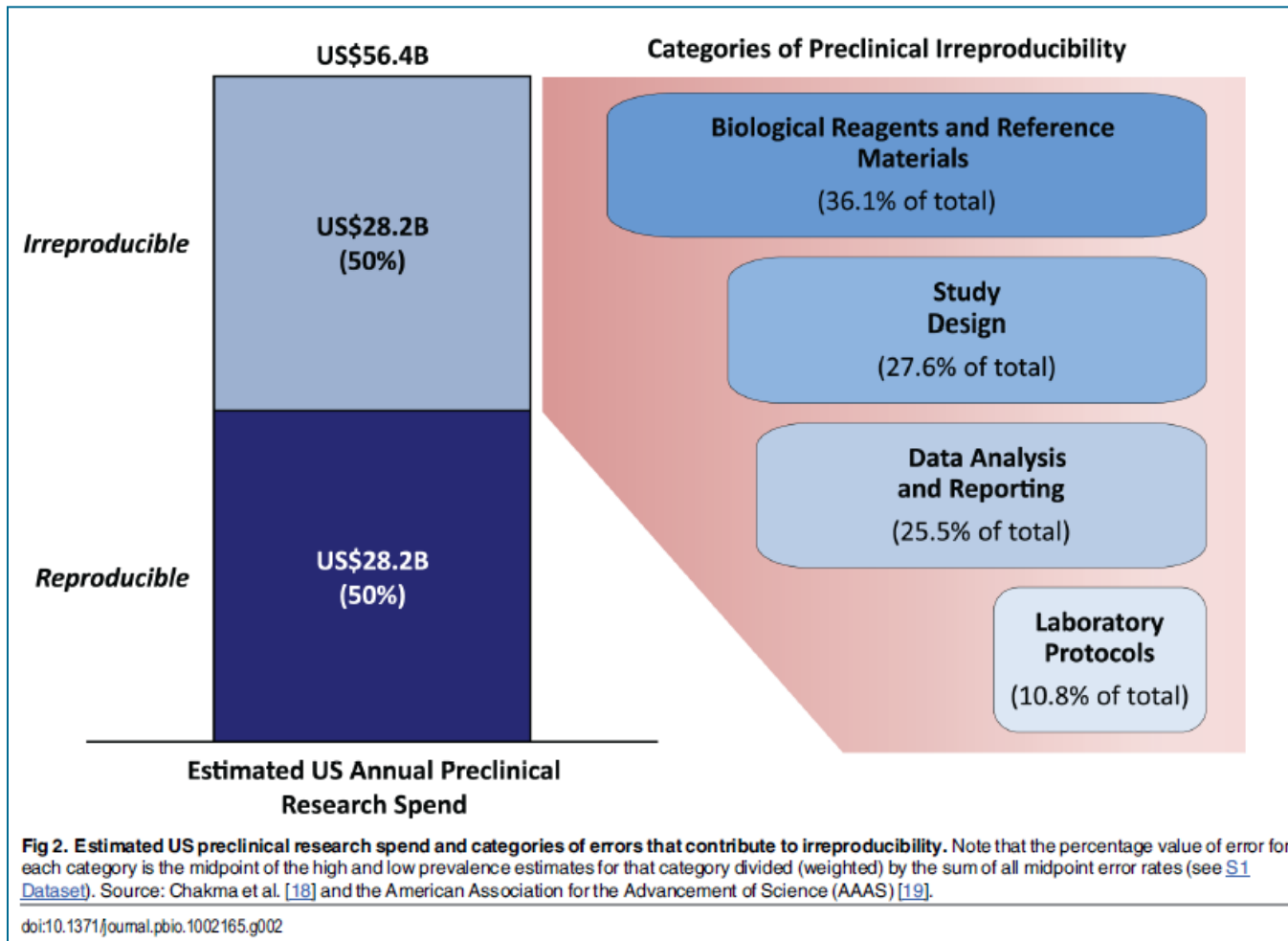


Fig 1. Studies reporting the prevalence of irreproducibility. Source: Begley and Ellis [6], Prinz et al. [7], Vasilevsky [8], Hartshorne and Schachner [5], and Glasziou et al. [9].

doi:10.1371/journal.pbio.1002165.g001

Categories of errors leading to irreproducibility



{Freedman et al,
PLOS Biology, 2015}

Add to this: bad Data Stewardship

www.nature.com/scientificdata

SCIENTIFIC DATA

OPEN **Comment: The FAIR Guiding Principles for scientific data management and stewardship**

SUBJECT CATEGORIES

- » Research data
- » Publication characteristics

Mark D. Wilkinson *et al.*[#]

{Wilkinson *et al*,
Nature Scientific Data, 2016}

>80% of data is not FAIR:

Findable, **A**ccessible, **I**nteroperable, **R**eusable

Way forward

Quote Freedman paper:

The economics literature on standardization posits that unless there is a clearly dominant platform leader willing to impose a solution, complex challenges such as irreproducibility that require a coordinated response are best solved by internally organized and driven, dynamic, and self-regulating collaborations of key stakeholders who establish and enforce their respective rules of engagement [32,33]. What is needed is not another list of unfunded mandates, but rather community consensus on priorities for improvement and commitment for the additional funding for implementation.

{Freedman et al, PLOS Biology, 2015}

Departmental community — Radboudumc

Research



Biomarkers



Diagnostics

Specialities:

- Proteomics, glycomics, metabolomics
- Enzymatic assays
- Neurochemistry
- Cellulair immunotherapy
- Immunomonitoring

Areas of disease:

- Metabolic diseases
- Mitochondrial diseases
- Lysosomal /glycosylation disorders
- Neuroscience
- Nefrology
- Iron metabolism
- Pediatric oncology
- Immunodeficiency
- Transplantation

In development:

- ~500 Biomarkers
- Early and late stage
- Analytical development
- Clinical validation

Assay formats:

- Immunoassay
- Turbidity assays
- Flow cytometry
- DNA sequencing
- Mass spectrometry
- Experimental human (-ized) invitro and invivo models for inflammation and immunosuppression

Validated assays*:

- ~ 1000 assays
- 3.000.000 tests/year

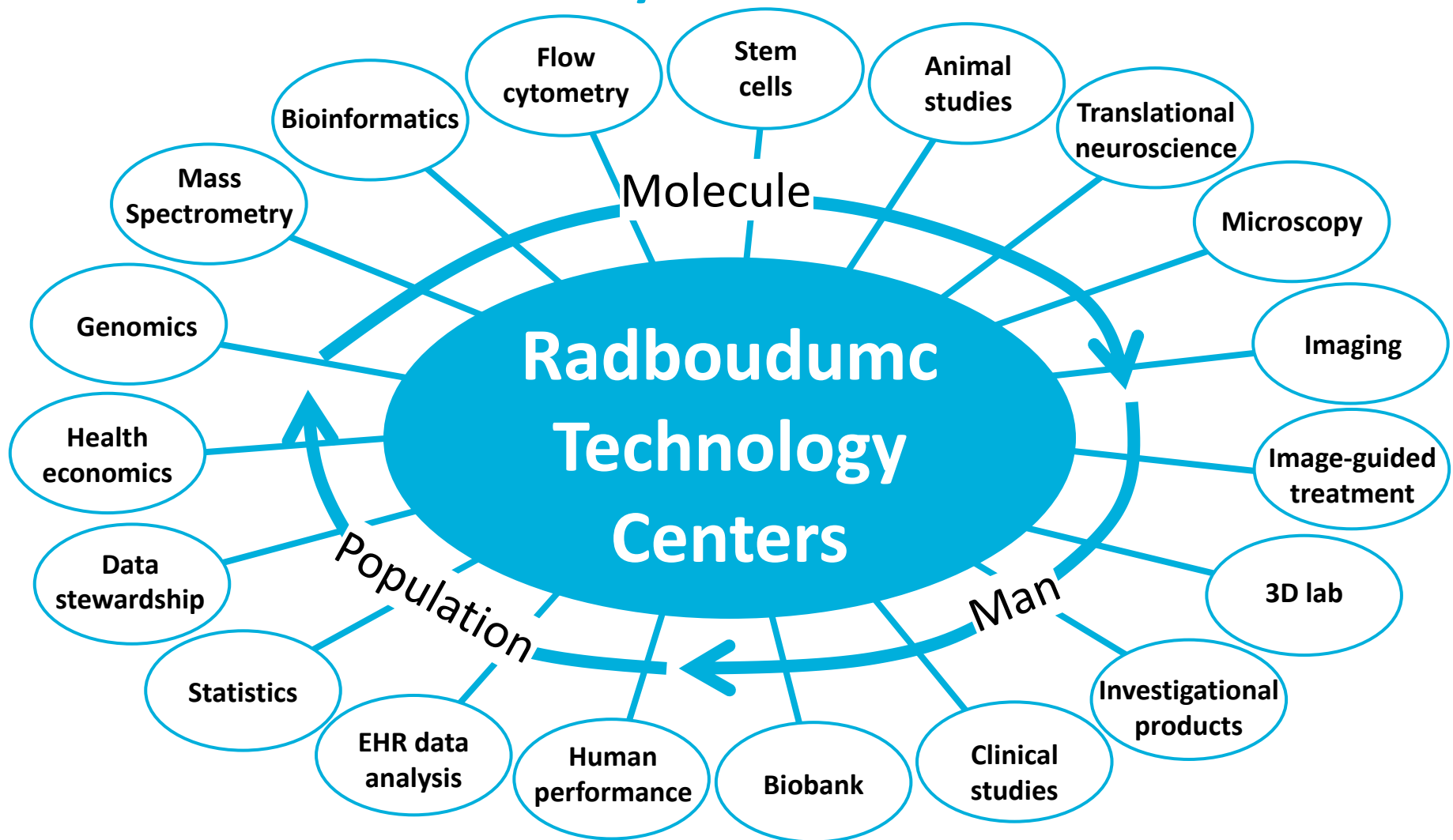
Areas of application:

- Personalized healthcare
- Diagnosis
- Prognosis
- Mechanism of disease
- Mechanism of drug action

**CCKL accreditation/RvA/EFI*

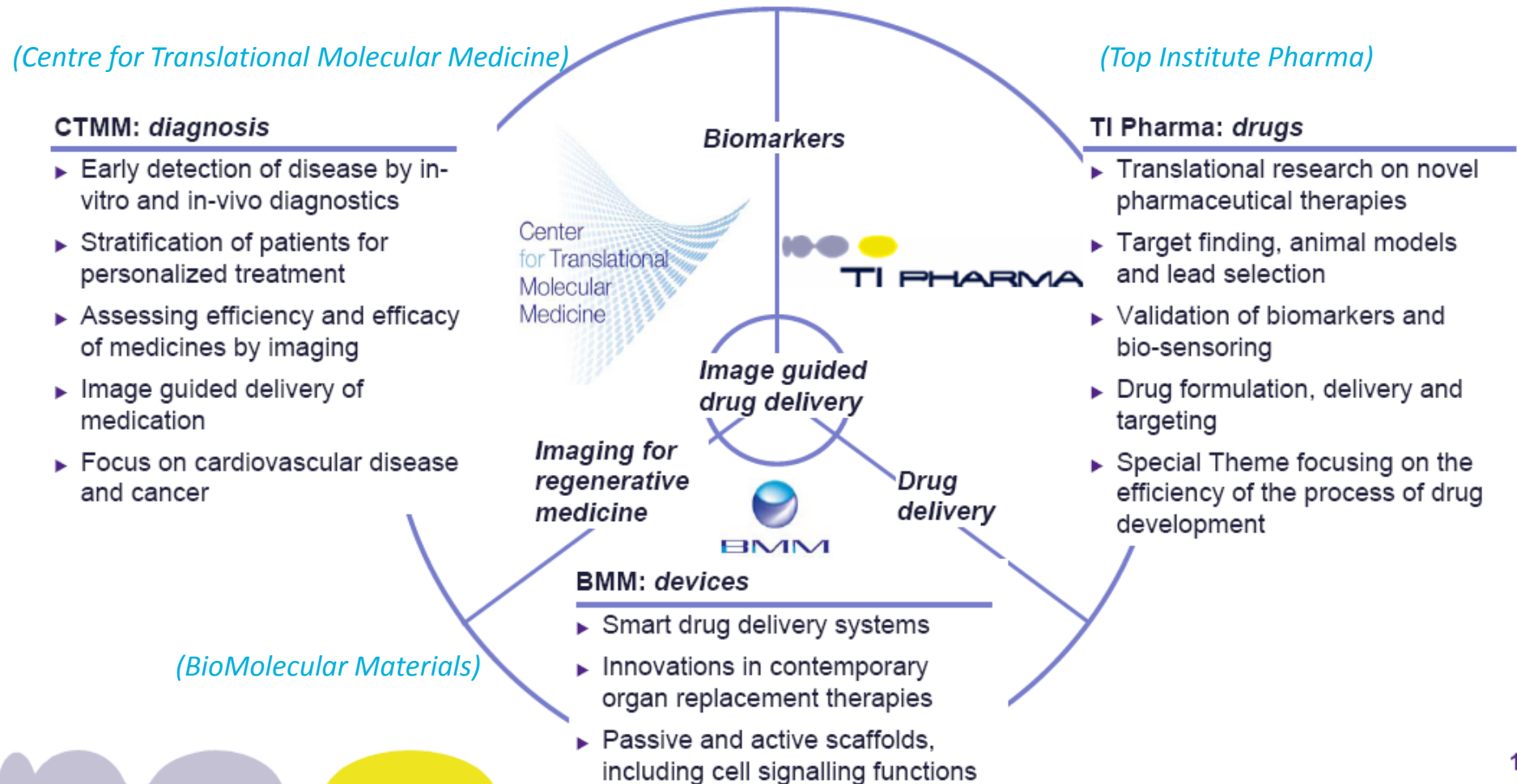
Department of Laboratory Medicine

Integrated Translational Research and Diagnostic Laboratory, 250 fte, yearly budget ~ 28M euro.
Close interaction with Dept of Genetics, Pathology, Pharmacy and Medical Microbiology

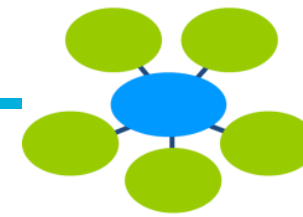


National communities

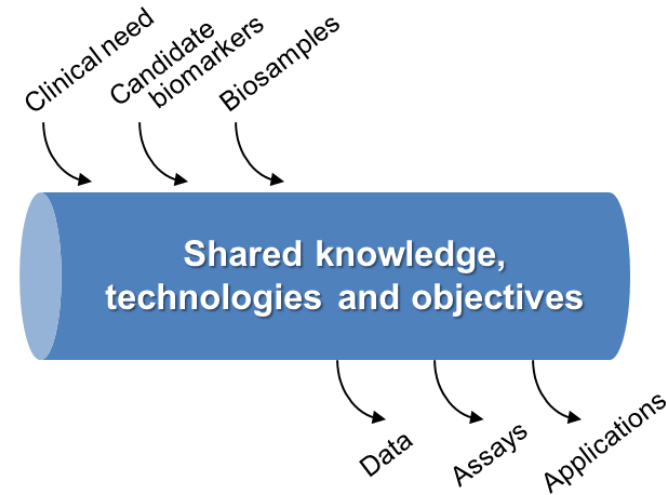
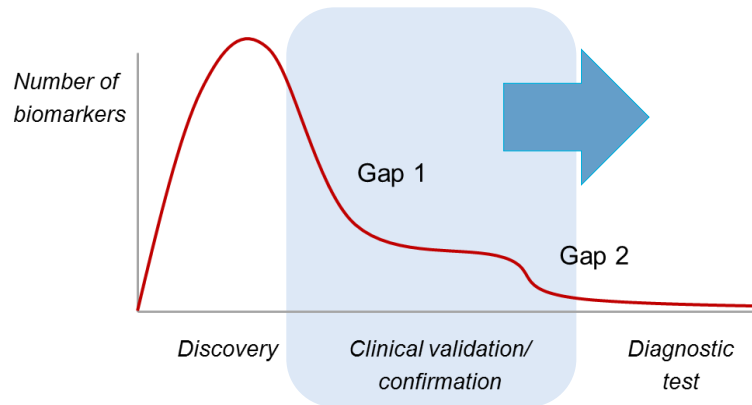
A rich history of public-private collaboration on diagnosis, drugs, devices (2006-2015)



NL Biomarker validation pipelines



**Biomarker
Development
Center**



Standardisation, harmonisation,
knowledge sharing in:

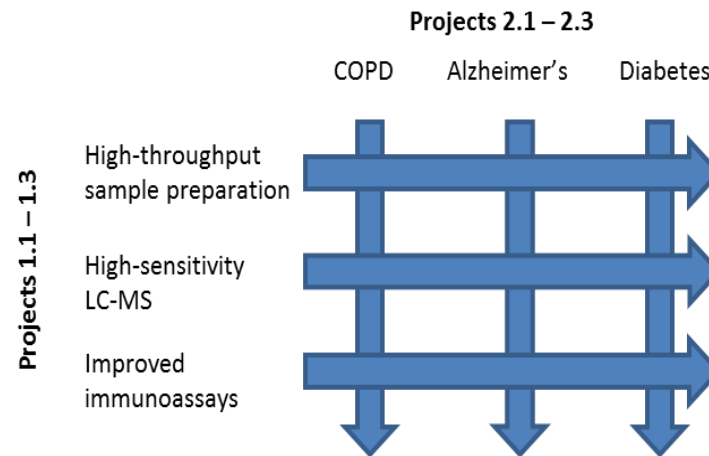
1. **Assay development**
2. **Clinical validation**



NL Roadmap Molecular Diagnostics (2012)



NL Grant 4.3M Eur (2014)



Ongoing independent biomarker activities

Europe



Innovative Medicines Initiative



**Biomarker
Development
Center**

eatris

European infrastructure
for translational medicine



USA



COMMENT

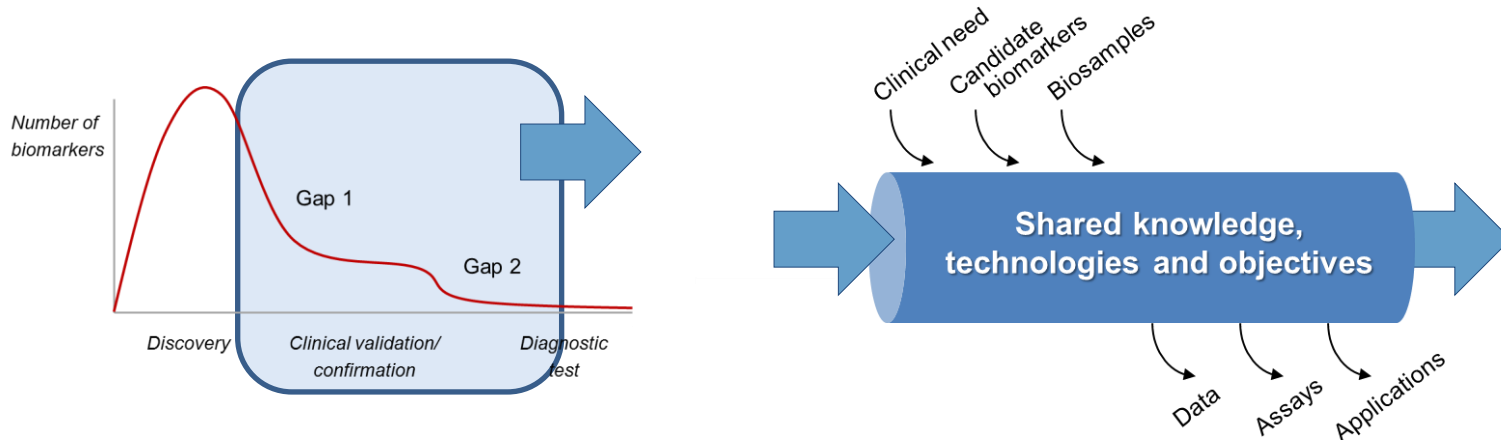
Industry–academia collaborations for biomarkers

Khusru Asadullah^{1,2}, Andreas Busch¹, Matthias Gottwald¹, Petra Reinke² and Lilla Landeck^{2,3}

Several types of collaboration are being pursued to identify, validate and apply new biomarkers. Here, we highlight examples of such initiatives and discuss the challenges, approaches to address these challenges and key factors for success.

{Asadullah et al, Nature Reviews Drug Discovery, Dec 2015}

The Good Biomarker Practice initiative



Join forces among Europe's major academic infrastructures + industry to:

1. Establish “Good Biomarker Practice” guidelines

- on translational research, biomarker technologies, biobanking, data stewardship.

2. Efficiently execute high quality biomarker projects

- work together in clinical validation and development of probable biomarkers.

National communities



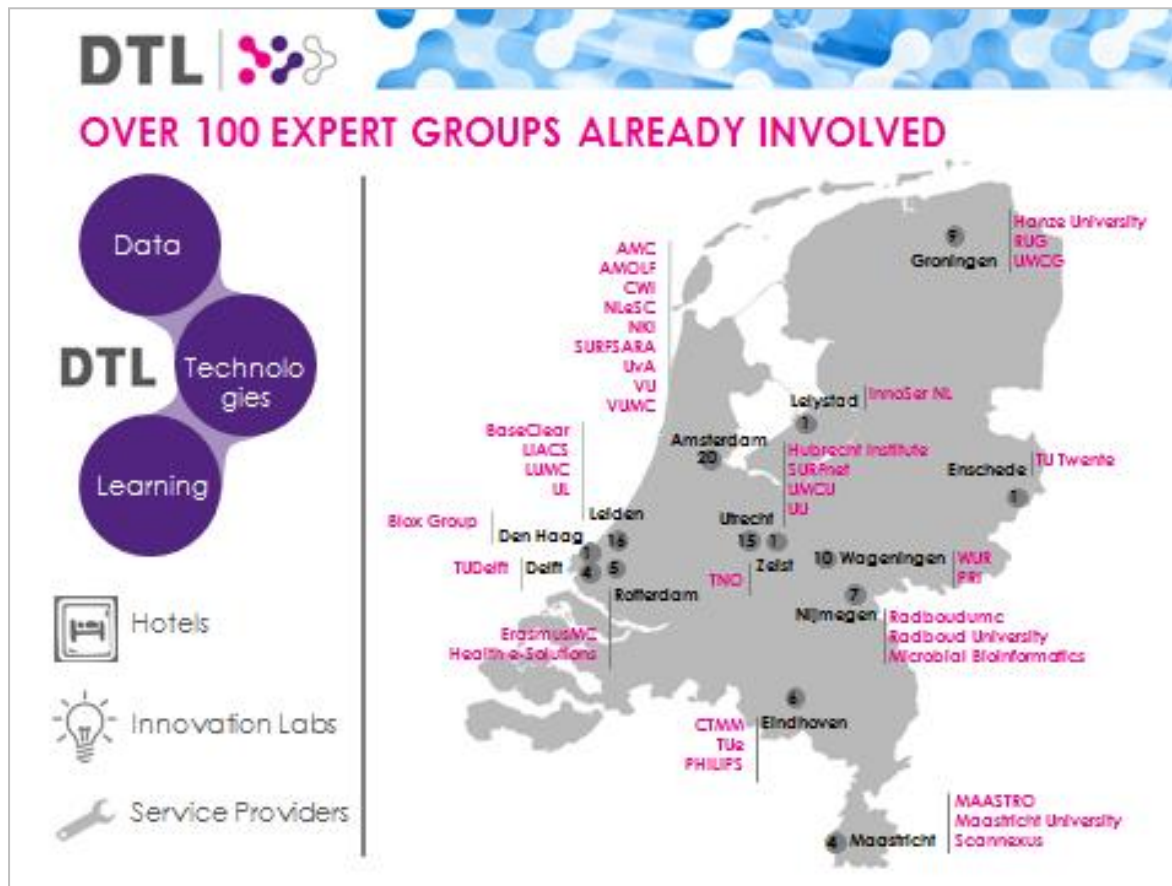
*Data4LifeSciences
(organising biomedical data
in academic hospitals)*



*Funding of Large
scale Scientific
Infrastructures
(>10M euro)*



*National Science Agenda
(originated from citizens)*



*National Technology Infrastructure
(from 40+ partners in DTL)*

[KAART](#)[LIJST](#)

Disciplines

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Geesteswetenschappen ▶](#)[Technische
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ESFRI

☐ Faciliteit[Disciplines ▶](#)

Locatie

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Grootschalige Wetenschappelijke Infrastructuur

Op deze pagina doorzoekt u de database van alle bestaande grootschalige onderzoeksfaciliteiten in Nederland.

17 | 06 | 2016

Nieuwe website met grootschalige onderzoeksfaciliteiten

Op 24 juni presenteert de Permanente Commissie voor Grootschalige Wetenschappelijke Infrastructuur...

[Lees meer >](#)

08 | 10 | 2015

Permanente Commissie begint inventarisatie grootschalige onderzoeksfaciliteiten

Op 8 september kwam in Den Haag de onlangs

Nationale wetenschaps agenda



Nederlands English



[Digitale agenda](#) | [Actueel](#) | [Routeworkshops](#) | [Achtergrond](#) | [Organisatie](#) | [Scholieren](#)


Algemene informatie

Eind vorig jaar is de NWA gepubliceerd met 140 clustervragen en [16 exemplarische routes](#) door die vragen. De routes vormen het instrument waarmee de NWA belangrijk wetenschappelijke, maatschappelijke en


16 routes

Workshops
March/April 2016


Output all routes
presented as
investment
agenda
to parliament
15 Sept 2016



Personalised medicine




Regeneratieve
geneeskunde




Gezondheidszorgonderzoek
preventie en behandeling




De oorsprong van het
leven: op aarde en in het
heelal




Bouwstenen van materie
en fundamenteën van
ruimte en tijd




Veerkrachtige en zinvolle
samenlevingen




Tussen conflict en
coöperatie




Hersenen, cognitie en
gedrag: leren,
ontwikkelen en
ontplooien




Big data verantwoord
gebruiken: zoeken naar
patronen in grote
gegevensbestanden




Smart industry



Smart, liveable cities



Circulaire economie en
grondstoffenefficiëntie




Duurzame productie van
veilig en gezond voedsel



Kunst: onderzoek en
innovatie in de 21ste
eeuw



Kwaliteit van de
omgeving: de waarden
van natuur, landschap,
bodem, klimaat, water en
milieu



Logistiek en transport in
een energieke,
innovatieve en duurzame
samenleving

Central thoughts Personalized Medicine route

De route naar personalised medicine.

Het ideaalbeeld:

Niet het gemiddelde, maar de variatie centraal.

Benodigd: (verbindingen tussen) heel veel betrouwbare data...

... en gericht wetenschappelijk onderzoek;

goede communicatie en educatie,

nieuwe allianties tussen onderzoekers, bedrijven en zorgaanbieders,

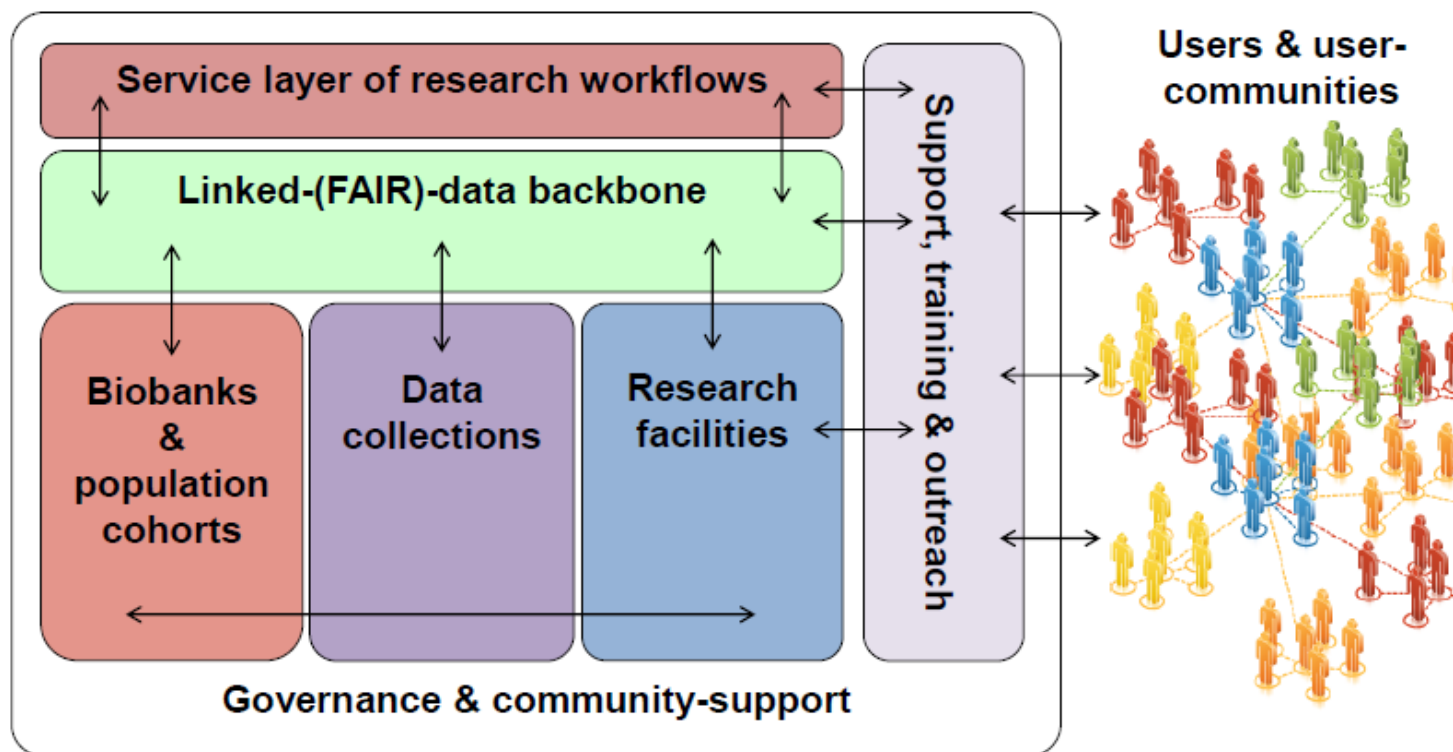
publiekvoorlichting, dialoog, ethische toetsing en juridische randvoorwaarden.

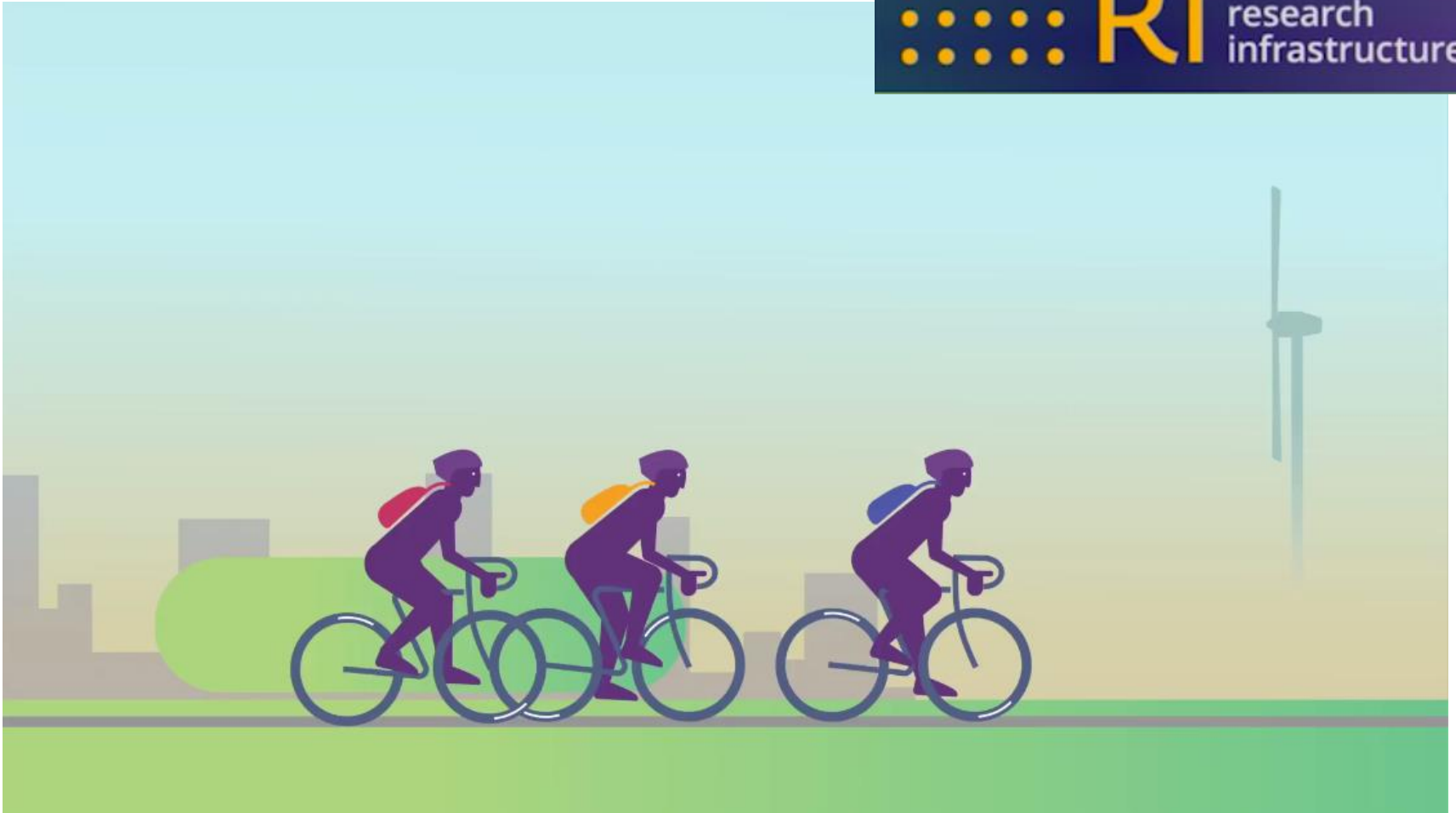
Met heldere financiering en vergoeding...

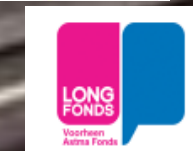
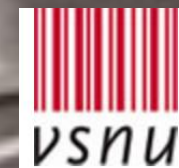
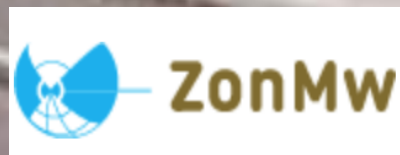
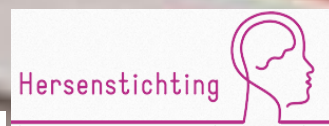
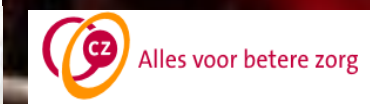
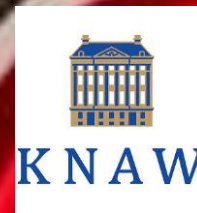
op weg naar personalised medicine.

Emerging Health Research Infrastructure

HealthRI: driving personalized medicine & health research in the Netherlands







EMPOWERING PERSONALIZED MEDICINE & HEALTH RESEARCH 2016

DECEMBER 1TH
THEATER
DE FLINT
AMERSFOORT



December 1st, 2016

Starts at 09:00



Flint Theater Amersfoort

Coninckstraat 60, 3811 WK Amersfoort,
The Netherlands

Attendance fee € 95,- excluding VAT

Register here for a visit

Health-RI Conference

*Connecting Researchers, Patients and
Enabling Technologies*

Worldwide, personalized medicine is recognized as the next big dot on the horizon for health care. The [programme](#) of the Health-RI conference, on December 1st, will give an insight into current and future developments of health research as well as initiatives to connect biomedical scientists, informaticians, clinicians, patientcare and industry.

EMPOWERED BY:



BBMRI.nl

Biobanking and
BioMolecular resources
Research Infrastructure
The Netherlands



Federatie
Medisch
Specialisten



eatris



Unique conference on empowering
personalised medicine and health
research

Scientific breakthroughs and
technological innovations create
opportunities to tailor healthcare to
the individual patient, personalised
medicine.

[Lees meer](#)



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Tweets

Health-RI Retweeted





Health-RI Congress

1 December 2016

De Flint in Amersfoort

Aanmelden: www.nlhealthresearch.nl

Acknowledgements

Radboudumc

Hans Wessels
Roel Tans
Maurice van Dael
Dirk Lefeber

Jolein Gloerich
Esther Willems
Jenneke Keizer
Monique van
Scherpenzeel

Leo Kluijtmans
Marcel Verbeek
Jan Kremer
Nathalie Bovy
the Radboudumc Technology Centers
and many others



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Jaap Heringa
and many others

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Lars Verschuren
Suzan Wopereis
Wessel Kraaij
Peter van Dijken
and many others

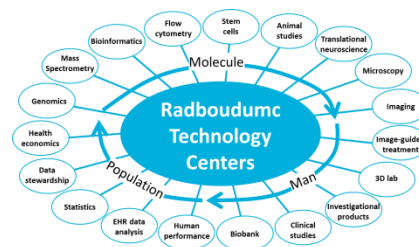
Ben van Ommen
Hans Princen
Marjan van Erk
Heleen Wortelboer
Ronald Mooi
Cyrille Krul



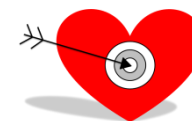
European infrastructure
for translational medicine

Anton Ussi
Laura Bermejo
Sulev Koks
Giovanni Migliaccio
and many others

Florence Bietrix
Andreas Scherer
Marian Hajduch



Many collaborators and funders



CarTarDis



Biomarker
Development
Center



university of
 groningen



Waters
THE SCIENCE OF WHAT'S POSSIBLE™



Radboud Universiteit Nijmegen



pioneering medicine.
together.



provincie
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